

# SIAMG-GENZYME FELLOWSHIP PROGRAM IN CLINICAL GENETICS

Supported by an unrestricted educational grant from



# TABLE OF CONTENTS

Abou	t IAMG	. 1
Progr	am Overview	. 2
Fello	wship Background & Objectives	. 3
	Summary	. 3
	Background	. 3
	Objectives	. 3
Eligib	ility Criteria & Selection Process	. 4
	Essential qualifications	. 4
	Activities	. 4
	Award support	. 4
	Submitting an application	. 4
	Centres approved for Fellowship	. 5
	Receipt and review schedule	. 5
Currio	culum	. 6
	General objectives	. 6
	Course curriculum	. 6
	Eligibility for the course	. 9
Applio	cation Form	. 10
Testir	monials of Past Participants	14

# ABOUT IAMG

The Indian Academy of Medical Genetics (IAMG) is a professional organization established by qualified medical geneticists from all over India. It is run by the Society for Indian Academy of Medical Genetics, registered under the Societies Registration Act, 1860, at Lucknow, specifically formed for this purpose in January 2012.

The main objectives of the organization are to improve the quality and accessibility of clinical genetics services in the country, to promote medical genetics education and research, to help integrate medical genetics research into patient care, and thereby to promote the overall advancement of this medical discipline in India. The IAMG serves as a forum of interaction for medical genetics centres across the country to enable coordinated patient care, research and teaching in the field of medical genetics. This expert group is also meant to act as an advisory body to the government and the society in matters pertaining to medical genetics.

The main guiding principle of the Indian Academy of Medical Genetics is to promote the science and practice of medical genetics in India. In keeping with this, the principal objectives of the IAMG are as follows:

- To stimulate and support patient care, education, and research in the field of medical genetics.
- To foster the development and implementation of methods of diagnosis, treatment, and prevention of genetic diseases.
- To promote uniform standards of laboratory quality assurance and proficiency testing for genetic diseases.
- To improve the accessibility of medical genetics services for the general public.
- To improve medical genetics training facilities for clinicians.
- To improve the quality of patient care and diagnostic services related to medical genetics by publishing guidelines (clinical and laboratory).
- To serve as an advisory body to the government and the society in matters pertaining to medical genetics
- To serve as a forum to promote and coordinate research in the field of medical genetics
- To serve as a forum for medical geneticists to discuss the issues pertaining to their professional activity
- To conduct and co-ordinate meetings, seminars, conferences, and workshops to impart and spread awareness and knowledge regarding medical genetics
- To co-ordinate with the government agencies, corporate bodies, institutions, societies, associations and groups which pursue similar objectives

# PROGRAM OVERVIEW

As part of a capacity building initiative for Clinical Genetics in India, SIAMG started a three (3) month program in Clinical Genetics in 2013.

The clinical genetics fellowship program is offered at select premier medical institutes across India.

These premier institutes offer the clinical expertise as well as the diagnostic infrastructure and capabilities in the area of clinical genetics to program participants to learn and observe. The fellowship is open to post graduate degree holders or final year students of MD/MS/DNB or an equivalent degree holder in Pediatrics, Internal Medicine or Obstetrics & Gynecology or clinical specialties like Dermatology, Ophthalmology, Radiology, Surgery, Orthopedics specialty, recognized by the Medical Council of India. Medical professionals with superspecialization (DM) can also apply for the course. Eligible applicants will be screened by a committee established by SIAMG to select participants for the fellowship programme. The application form in this brochure can be used to apply for the program or can be downloaded from www.iamg.in.

The program is supported by an unrestricted educational grant provided by Sanofi Genzyme India.



# Fellowship Background & Objectives

### **SUMMARY**

The purpose of the SIAMG-GENZYME Clinical Genetics fellowship Award Program is to:

- 1. Advance education, research and standards of practice in medical genetics.
- 2. Develop and expand clinical expertise in medical genetics in India

### **BACKGROUND**

Medical genetics is a relatively new field of medicine but in the last few years has found ramifications into almost all fields of clinical medicine. Although significant advances have happened world over in genetics, particularly in application of genetic knowledge in clinical practice, there has not been a parallel increase in trained manpower in this field. There is a striking paucity of medical professionals involved in the practice of clinical genetics in India and an urgent need is felt to provide exposure and training in the diagnosis as well as management of genetic disorders to clinicians across all specialities at various stages of their careers. SIAMG and Genzyme have joined hands towards this common goal with this short duration fellowship program for clinicians.

### **OBJECTIVE**

To provide an in-depth clinical experience at a premier medical center with expertise and significant clinical volume in the area of clinical genetics and, thereby, to increase the number of clinicians with interest, knowledge, and expertise in this field.

# Eligibility Criteria & Selection Process

### **ESSENTIAL QUALIFICATIONS**

The applicant must have a basic medical qualification recognized by the Medical Council of India (i.e. MBBS or an equivalent degree) and a postgraduate medical degree in Paediatrics/Internal Medicine/Obstetrics and Gynaecology or clinical specialties like Dermatology, Ophthalmology, Radiology, Surgery, Orthopedics recognized by the Medical Council of India (i.e. MD/MS/DNB or an equivalent degree). Candidates with super specialization (DM) are also encouraged to apply.

## **ACTIVITIES**

Fellowship activities of the Awardees will focus on significant clinical care of patients with genetic disorders and genetic counseling for families with genetic diseases.

### **AWARD SUPPORT**

The program is supported by an educational grant from Sanofi Genzyme and will cover expenses towards travel, subsistence allowance etc. to the selected candidates for the duration of the fellowship.

## SUBMITTING AN APPLICATION

The application form in this brochure can be used for submitting the application. Alternately, it may be downloaded from the website "www.iamg.in".

The application form may be sent by ordinary/ registered post or courier to the address mentioned below or by email to info.iamg.in, with scanned copies of all the necessary documents pertaining to qualifications.

For foreign nationals and for candidates who have undergone training outside India

- Candidates who have undergone medical training outside India have to submit the necessary documents which certify that their qualifications are equivalent to the MD/ MS/ DNB degree
- Foreign nationals have to submit a copy of their passport with the application form.
- Each of the listed centers where the fellowship training can be done has its own criteria for observership for foreign nationals. Therefore, following selection, the candidate would have to complete this procedure as per the norms of the chosen Institute.

Dr Ashwin Dalal
Head, Diagnostics Division
Centre for DNA Fingerprinting and Diagnostics
[Ministry of Science & Technology, Government of India],
Opp. Metro Rail Pillar No. NUP-9B,
Inner Ring Road, Uppal
Hyderabad – 500 039 Telangana INDIA

# List of centres approved for SIAMG-GENZYME Clinical Genetics Fellowship

S.No.	Medical Genetics Centre	Incharge	Email id
1.	All India Institute of Medical Sciences, New Delhi		madhulikakabra@hotmail.com
2.	Christian Medical College, Vellore	Dr Sumita Danda	sdanda@cmcvellore.ac.in
3.	Sir Ganga Ram Institute of Postgraduate Medicine and Research, New Delhi	Dr I C Verma / Dr Ratna Dua Puri	icverma@gmail.com ratnadpuri@yahoo.com
4.	Kasturba Medical College, Manipal University, Manipal	Dr Girisha Katta	girishkatta@gmail.com
5.	Nizam's Institute of Medical Sciences, Hyderabad	Dr Prajnya Ranganath	prajnyaranganath@gmail.com
6.	Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow	Dr Shubha Phadke	shubharaophadke@gmail.com
7.	SAT Hospital Medical College, Thiruvananthapuram	Dr Sankar V Hariharan	sankarvh@gmail.com

# RECEIPT AND REVIEW SCHEDULE

Applications for this program will be considered based on the following tentative schedule:

# **ROUND 1**

Application Submission Deadline: November end

Interview: Early December

Award Notification by: December mid Fellowship starting date: January 1

# **ROUND 2**

Application Submission Deadline: February end

Interview: Early March

Award Notification by: March mid Fellowship starting date: April 1

# **ROUND 3**

Application Submission Deadline: May end

Interview: Early June

Award Notification by: June mid Fellowship starting date: July 1

# **ROUND 4**

Application Submission Deadline: August end

Interview: Early September

Award Notification by: September mid Fellowship starting date: October 1

# Curriculum

# **GENERAL OBJECTIVES**

The practice of clinical genetics is based on in-depth knowledge of basic genetic principles, a broad range of knowledge of genetic disease as it affects all body systems, and a clear understanding of the principles of genetic counseling. The fellow in Clinical Genetics is to be trained in various aspects of genetics and medicine relevant to the practice of medical genetics, and should be capable of using this knowledge in the diagnosis and management of patients with gene related conditions. After successful completion of the program, the fellow shall be competent to diagnose genetic disorders, interpret genetic laboratory data, and have excellent communication and counseling skills. The fellow should be able to recognize clinical presentations of genetic disorders, evaluate the patient with genetic perspective, understand principles and limitations of genetic tests. This will help in learning clinical diagnosis, indications and interpretation of genetic disorders. Appropriate counseling and communication skills also will be taught. Exposure to prenatal diagnosis techniques also will be provided.

# **COURSE CURRICULUM**

The training will be provided in the following areas:

- Eliciting of medical history of the index patient, including developmental and reproductive history
- Eliciting of the family history, including drawing of detailed pedigree chart
- Conduct of physical examination of affected and related individuals with special emphasis on morphological features and anthropometric measurements, and proper documentation of the findings, including photographs
- Recognizing variations in human form (taking into account the features of the parents), and identification of formae frustae
- Following a logical approach in syndrome identification (Dysmorphology) including the use of diagnostic aids e.g. computer assisted diagnosis, literature search
- Recognizing the psycho-social and economic implications of the genetic problem in the family
- Formulation of an appropriate differential diagnosis and a plan of appropriate medical consultations and investigations, and its discussion with the family (pre-test counseling)
- Ordering tests & other medical consultations, and performing current techniques of obtaining samples for genetic study e.g. skin biopsy etc., after obtaining the informed consent
- Interpreting and explaining the results of genetic tests and other diagnostic studies, especially in areas of chromosomal, biochemical and molecular diagnosis (post-test counseling)

- Explaining the diagnosis, etiology, natural history, and management of the condition to the patient and the family
- Providing general, supportive & specific medical care to the affected individuals, including appropriate interventions where necessary
- Understanding implications of abnormal antenatal ultrasound findings, positive screen tests for fetal aneuploidy, teratogenic exposures in pregnancy and other high risk obstetric scenarios pertaining to genetic diseases and birth defects in the fetus.
- Communicating and counseling of couple in the event of high risk pregnancy scenarios and guiding them towards appropriate genetic testing
- Observing invasive prenatal diagnostic procedures
- Learning to interpret prenatal diagnostic test results and communicate the same to couples
- Observation and hands on experience of postmortem evaluation of abnormal fetuses with the aim of identifying genetic disorders and provide appropriate guidance & counseling to these couples
- Providing client-centered counseling and anticipatory guidance
- Providing pre-test and post-test counseling for screening tests for genetic disorders
- Providing pretest and pot test counseling for screening tests for genetic disorders
- Identifying and using community resources that provide medical, educational, financial and psychosocial support and advocacy
- Determining the mode of inheritance and risk of occurrence and recurrence of the genetic condition/birth defect, and appropriate communication of the same to the patient and family, including availability of antenatal diagnosis and other reproductive options
- Evaluating the client's and/or family's responses to the risk of occurrence
- Promoting informed decision-making about further testing and management of the risk of occurrence/recurrence, including provision of antenatal diagnosis, if possible
- Providing written documentation of medical, genetic and counseling information for families and other health professionals
- Treatment of rare genetic disorders mainly inborn errors of metabolism
- Coordinate interdisciplinary management of genetic disorders
- Organize supportive care of genetic disorders

 Collaborate and communicate with genetic laboratories and act as a link between genetic laboratory and clinical specialties

All the above activities shall follow the ethical, social, & legal guidelines laid down for the purpose.

The student will be exposed to approach to the following clinical presentations of the genetic disorders:

- Mental retardation/Developmental delay/Regression of milestones
- Congenital malformations, dysmorphism, multiple malformation syndromes
- Genetic hemolytic anemias
- Genetic disorders of blood coagulation
- Genetic neurological and muscle disorders, including disorders of senses such as deafness
- Disorders of male and female sexual differentiation and development, such as ambiguous genitalia, hypogonadism, primary amenorrhea and infertility
- Neonatal hyperbilirubinemia
- Short stature, including genetic disorders of skeleton
- Overgrowth syndromes
- Genetic disorders of eye and skin
- Recurrent spontaneous abortions, stillbirths and perinatal deaths
- Inborn errors of metabolism presenting as acute, intermittent or slowly progressive illnesses presenting during neonatal period, infancy childhood or at any age
- Familial cancer syndromes
- Adult onset neurodegenerative disorders
- Abnormal antenatal ultrasounds
- Positive maternal screen for fetal aneuploidies
- Any familial disorder
- Any congenital disorder
- Teratogenic exposure during pregnancy including drugs, infections and radiation

# **Duration of Training under the SIAMG-Genzyme Fellowship**

The duration of training in the fellowship shall be of 3 months. The trainee should personally participate in the care of at least 50 patients with various genetic disorders, in outpatient and inpatient settings and the record should be maintained in a Log Book of Clinical Training.

Provision shall be made for up to 3 months rotation in genetic laboratories to observe various diagnostic procedures. This includes one month each in cytogenetics, biochemical genetics, and molecular genetics. Laboratory training will be concurrent with clinical training in OPD. The laboratory rotations are aimed at understanding principles of testing, interpreting results and understanding limitations and sources of errors in the tests.

The student will be required to attend academic activities of the department and will be required to present at least 2 seminars, 2 journal clubs and 3 case presentations. The student will be required to attend various additional courses held in the department.



(Administered by society registered under the Societies Act XXI of 1860)

# APPLICATION FOR THE SIAMG-GENZYME FELLOWSHIP

1. Full Name:  2. Age/ Gender:  3. Qualifications:		address:		passport size photograph
4. Medical council registration num		umber(s):		
5. Present designation:	8. Email id:			
9. Educational qualifications (startin	ng with graduation):			
Degree	College/ University	Year of passing	Awards/ dis	
10. Professional experience (in the	chronologically descending order be	eginning with the current position	n):	
Designation	Hospital/ Institute	Duration	Special exp honours	

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11. Additional academic achievements/ professional activities:

12. List of publications (beginning with the most recent publication, list all publications with the complete reference):



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13. Mention briefly (in not more than 250 words) your reasons for applying for this fellowship and how you think it would help you in your medical practice:

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### Instructions:

The applicant must have a basic medical qualification recognized by the Medical Council of India (i.e. MBBS or an equivalent degree) and a postgraduate
medical degree in Pediatrics/ Internal Medicine/ Obstetrics and Gynaecology or clinical specialties like Dermatology, Ophthalmology, Radiology, Surgery,
Orthopedics recognized by the Medical Council of India (i.e. MD/MS/DNB or an equivalent degree).
A self-attested photocopy of each degree/ fellowship/ training program mentioned in the form (graduation, postgraduation, etc.) and of the medical registration
certificate (should be sent along with the application form.
The decision as to whether an applicant qualifies for the SIAMG- Genzyme fellowship rests solely with the panel of expert reviewers constituted for the
purpose.
The application form may be sent by ordinary/ registered post or courier to the address mentioned below or it may be sent as an attachment to the email ic
indicated below. In case the application is sent through email, scanned copies of all the necessary documents (pertaining to qualifications) signed by the
applicant have to be sent as additional attachments.

# Mailing details:

Duly filled application forms to be sent by ordinary/ registered post or courier to:

Dr Ashwin Dalal Head, Diagnostics Division Centre for DNA Fingerprinting and Diagnostics [Ministry of Science & Technology, Government of India], Opp. Metro Rail Pillar No. NUP-9B, Inner Ring Road, Uppal Hyderabad – 500 039 Telangana INDIA

The application form can also be sent by email, with scanned copies of the necessary documents to:  $\underline{\mathsf{info@iamg.in}}$ 

For more details refer to the website: www.iamg.in or write to info@iamg.in

# TESTIMONIALS of Past Participants



# DR. ASHOK RAI

I learnt a lot during my SIAMG-Genzyme fellowship program in SGPGI, Lucknow, and saw many interesting cases of Genetics in OPD as well as I came to know regarding newer investigative modalities. This fellowship was of immense help to diagnose few cases which we missed earlier in our professional career. I am thankful to SIAMG & Genzyme for this fellowship, and I will try to learn more regarding Genetics in future.



# DR. T KARTHIK BHARADWAJ

An excellent initiative by SIAMG-Genzyme. I would recommend it to any clinician who wants to improve his/her clinical skills and academics. The range of genetic conditions that I could see in the program has been simply amazing. This fellowship in clinical genetics gave me a bird's eye view of what to expect from a career in medical genetics.



## DR. SUBAPRIYA. K

Genzyme-SIAMG Fellowship: an unforgettable experience! The genetic feast would start every day at 8.30 AM with seminars or case presentations followed by OPD at 10 AM. In the afternoon, I used to attend to antenatal USG which would sometimes extend upto 7 PM. In 3 months, I became a part of the department and it was so difficult for me to come out of it.



# DR. SONY

SGPGIMS provides a very pleasant and friendly learning environment where the rarest genetics problems are addressed. Though the time spent was very short, every day was a new and exciting learning experience. I am grateful to SIAMG-Genzyme for the opportunity given to enrich knowledge, sharpen skills and gain experience in medical genetics.

NOTE				



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